



ARABSPINE COURSE DIPLOMA

Program **Module 1**

Course Highlight

Lumbar Spine

Basic Science & Pathology

Lumbar Disc Herniation and Sciatica

Lumbar Canal Stenosis (LCS)

Spondylolisthesis

Degenerative Spine Disease

Serious Spinal Conditions

MODULE 13RD- 5TH APRIL 2019ACCREDITED FOR TOTAL
19 CME CREDIT HOURS BY DHA

Chairmen: David Wong / Yasser El Banna

LUMBAR SPINE: BASIC

08.00-08.10 am	Introduction to A.S.C. Diploma	Msaddi/ Hsieh/ Gidvani
08.10-08.25 am	Surgical Anatomy of the Lumbar Spine	S. Gidvani/ USA
08.25-08.40 am	Biomechanics of Lumbar Spine	D. Wong / USA
08.40-08.55 am	Spinal Alignment and Balance: The Role of the Lumbar Spine	N. Chutkan / USA
08.55-09:10 am	Clinical Examination	S. Gidvani / USA
09:10-09:25 am	Imaging Modalities of Normal Spine	A.Saleh / UAE
09:25-09:40 am	Pathophysiology of Neurologic Pain	J. Solberg / USA
09:40-09:55 am	Pathophysiology of Axial Low Back Pain	B. Schneider / USA
09:55-10:10 am	Understanding Spinal Instability	S. Theiss / USA
10:10-10:20 am	Discussion	
10:20-10:50 am	Coffee Break	

LUMBAR DISC HERNIATION AND SCIATICA

10:50-11:05 am	Lumbar Disc Herniation and Degeneration: Natural History	D. Wong / USA
11:05-11:20 am	Lumbar Epidural Steroid Injections	B. Scheneider / USA
11:20-11:35 am	Percutaneous Techniques for Lumbar Disc Herniation (LDH)	J. Solberg / USA
11:35-11:50 am	Endoscopic Discectomy	Y. Elbanna / Egypt
11:50-12:05 pm	Open Microdiscectomy vs MIS for LDH	D. Wong / USA
12:05-12:20 pm	Foraminal and Extra Foraminal Disc Herniation	P. Hsieh / USA
12:20-12:45 pm	Case Presentations and Panel Discussion : Lumbar Disc Herniation and Sciatica	Faculty
12:45-02:00 pm	Lunch Break	
02:00-2:15 pm	Recurrent Disc Herniation	S. Theiss / USA
02:15-02:30 pm	Avoiding and Managing Complications in Lumbar Disc Surgery	A.K.Msaddi / UAE

PRACTICE ESSENTIALS

02:30-02:45 pm	Medical Management of Back Pain and Radiculitis	B. Scheinder / USA
02:45-03:00 pm	Outcome Measures in Spine Patients	S. Gidvani / USA
03:00-03:15 pm	Evidence Based Medicine	J. Solberg / USA
03:15-03:30 pm	Radiation Exposure in Spine Surgery	A.Zerbi / Italy
03:30-03:45 pm	Discussion	Faculty
03:45-04:15 pm	Coffee Break	
04:15-04:30 pm	DVT Prophylaxis in Spine Surgery	S. Theiss / USA
04:30-04:45 pm	Informed Consent	M. Halawani KSA
04:45-05:30 pm	Case Presentation & Discussion	Faculty

**PRACTICAL WORKSHOP ON
4TH APRIL 2019 AT GMU - AJMAN**

Chairmen: David Wong / Mohamed Halawani

LUMBAR CANAL STENOSIS & SI JOINT PAINS

08:00-08:15 am	Natural History	C. Reitman / USA
08:15-08:30 am	Clinical Assessment	A. AlShurbaji / Jordan
08:30-08:45 am	Imaging of LCS	H.Ibrahim / UAE
08:45-09:00 am	Interventional Options in Lumbar Stenosis	B. Schneider / USA
09:15-09:30 am	MIS of Lumbar Stenosis	R.Assaker / France
09:30-09:45 am	LCS : Stabilize or Not	C. Reitman / USA
09:45-10:00 am	Spondylolisthesis Classification – Natural History	D. Wong / USA
10:00-10:20 am	Surgery for Grade I – II	C. Reitman / USA
10:20-10:30 am	Surgery for High Grades	M. Halawani / KSA
10:30–10:40 am	Discussion	All Faculty
10:40-11:10 am	Coffee Break	



FACET ARTHROPLASTY AND SPONDYLOLISTHESIS

11.10-11.25 am	SI Joint Pain, Diagnosis & Interventional Options	B. Schneider / USA
11.25-11.45 am	SI Joint, Fusion Options and Percutaneous Technique	JJ. Abitbol / USA
11.45-12.00 pm	Role of Z-joints in Low Back Pain	B. Schneider / USA
12.00-12.15 pm	Interventional Treatments for Facet-Mediated Pain	B. Schneider / USA
12.15-12.30 pm	Discussion	
12.30-02.00 pm	Lunch Break	



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SPINE, NEUROSURGERY, NEUROLOGY
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Robotic Cyberknife Technology
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DEGENERATIVE DISC DISEASE

02.00-02.15 pm	Role of Intervertebral Discs in Low Back Pain	S. Gidvani / USA
02.15-02.30 pm	Interventional Treatment of Discogenic Low Back Pain	B. Schneider / USA
02.30-02.45 pm	Surgical Indications for Axial Low Back Pain and Degenerative Disease	C. Reitman / USA
02.45-03.00 pm	Fusion For Lumbar Degenerative Disease	S. Gidvani / USA
03.00-03.15 pm	MIS for Degenerative Disease	J.Wang / USA
03.15-03.30 pm	TDR for Degenerative Lumbar Disease	R.Assaker / France
03.30-03.45 pm	Discussion	
03.45-04.15 pm	Coffee Break	
04.15-04.30 pm	LBP and Systemic Disease	S. Baeesa / KSA
04.30-04.40 pm	Cauda Equina Syndrome	A Al Khani / KSA
04.40-05.30 pm	Case Presentations and Panel Discussion: Lumbar DDD	Faculty

THANK YOU

to our sponsors

who have helped to make this

ArabSpine Course Diploma

a great success.

UPCOMING EVENTS

DATE	EVENT	VENUE
13 -17 Apr 2019	AANS Annual Scientific Meeting	San Diego - USA
2 - 3 May 2019	EuroSpine Spring Specialty Meeting 2019	Frankfurt - Germany
25 - 30 May 2019	International Neuromodulation Society's 14th World Congress	Sydney - Australia
11 - 13 Jul 2019	1st Annual Scientific Conference of Nigerian Spine Society	Ikeja, Lagos - Nigeria
19 -21 Sep 2019	Asia Spine 2019	Seoul - Korea
24 - 28 Sep 2019	EANS 2019	Dublin - Ireland
25 - 28 Sep 2019	NASS 2019 (Annual Meeting)	Chicago - USA

16 - 18 Oct 2019	EUROSPINE Spring Specialty Meeting 2019	Helsinki - Finland
19 -23 Oct 2019	2019 CNS Annual Meeting	San Francisco - USA
21 - 23 Nov 2019	CSRS Annual Meeting 2019	New York - USA
28 - 30 Nov 2019	ArabSpine Course Diploma - Module 1 & 2	Dubai - UAE
8 - 10 Apr 2020	ArabSpine Course Diploma - Module 1 & 3	Dubai - UAE
11 - 13 Apr 2020	21st Dubai International Spine Conference	Dubai - UAE
Apr 27 - May 1 - 2020	SpineWeek 2020	Melbourne - Australia
18 - 20 Jun 2020	6th ArabSpine Annual Meeting	Amman - Jordan



NIGERIAN SPINE SOCIETY

1ST ANNUAL SCIENTIFIC CONFERENCE

11 - 13 July 2019, Radisson Blu, Ikeja, Lagos - Nigeria

Degenerative Spine Diseases:

- Cervical Spondylosis
- Cervical Myelopathy
- Lumbar Canal Stenosis
- Degenerative Spondylolisthesis
- Adult Degenerative Deformity

Spinal Infection

Spinal Trauma

CONTACT

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Module 1

ARABSPINE COURSE DIPLOMA

28TH - 30TH NOVEMBER 2019 DUBAI, UAE

Course Highlight

- **Lumbar Spine**
 - Basic Science & Pathology
- **Lumbar Disc Herniation and Sciatica**
- **Lumbar Canal Stenosis (LCS)**
- **Spondylolisthesis**
- **Degenerative Spine**
- **Disease**
- **Serious Spinal Conditions**

Practical Hands-on Workshop

- **Free-Hands** - **Pedicle Screw Insertion**
 - Thoracic / Lumbar
- **Imaging Guided Pedicle Screw Insertion**
- **Percutaneous Pedicle Screw Insertion**
- **Mini TLIF / ALIF**
- **DLIF / OLIF**
- **Spine Microsurgery**
- **Spinal Cord Stimulation**
- **Spinal Navigation**



Module 2

ARABSPINE COURSE DIPLOMA

28TH - 30TH NOVEMBER 2019 DUBAI, UAE

Course Highlight

Cervical Spine:

- Surgical Anatomy
- Anterior Surgery
- Posterior Surgery
- MIS

Thoracic Disc Herniation

Spinal Navigation

IntraOperative Monitoring (IOM)

Practical Hands-on Workshop

Anterior Cervical:

- ACDF
- TDR
- Corpectomy with Vertebral Body Replacement

Posterior Cervical:

- Occipital C1 - C2
- C1 - C2
- C3 - T1 Lateral Mass and Pedicle Screws
- Vertebral Artery Dissection



NASS 34th Annual Meeting In Chicago

September 25-28, 2019

NASS Member Registration Opens **April 15**
Registration Opens to All **April 22**



21st DUBAI INTERNATIONAL SPINE CONFERENCE

11th to 13th April 2020, Dubai - UAE



**INNOVATION AND NEW TECHNOLOGY
IN SPINE SURGERY**

**ETHICS AND LEGAL ASPECTS
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6th ArabSpine Annual Meeting

18th - 20th June 2020, Amman - Jordan

Innovation in Spine Surgery
Spine Deformity: What is new?
Aging Spine
Interventional Spine Techniques

In cooperation with:



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